



The Tamil Nadu Dr. Ambedkar Law University

தமிழ்நாடு டாக்டர் அம்பேத்கர் சட்டப் பல்கலைக்கழகம்



**TAMILNADU STATE NSS CELL**  
**NSS STATE YOUTH FESTIVAL 2023**  
**(24.08.2023 - 29.08.2023)**  
**KALAIVANAR ARANGAM & VIT CHENNAI**



24.08.2023

Forenoon session:

Inauguration ceremony held at Kalaivanar Arangam, presided by Minister of Youth Welfare and Sports Development Thiru.Udhayanidhi Stalin & Minister of Health and Family welfare Thiru.Ma.Subramanian along with Additional Chief Secretary Mr. Athulya Misra IAS, State NSS Coordinator Dr.M. Senthilkumar and other dignitaries.

24.08.2023

Evening session:

A Sociology lecture on Social Justice by Prof.Dr.V. Vijayalakshmi enriched our knowledge of social justice, equality, equity and so on, and following that a social night was organized by the Committee which helped us to interact with other university volunteers.



## DAY- 2

25.08.2023

Morning session:

Day started with fitness activities and exercises which help us to be physically fit & following that we discussed current affairs and news with other university volunteers.

Forenoon session:

A lecture on the Contribution of Youths in NSS by Prof.Dr.P.K. Manoharan and later by 11.00 a.m. Celebrity orator Mrs.Barvin Sulthana addressed her NSS experience and how we volunteers should develop our own leadership quality through NSS. Also, her words motivated us and our fellow volunteers, which is mandatory for today's young minds.



There was a Tamil elocution competition on the NSS motto "NOT ME BUT YOU", Volunteer Hariharasudhan S participated on behalf of TNDALU NSS UNIT in that competition. He narrated how a volunteer contributes to society through NSS.



Afternoon session:

Short film, documentary and photography competitions were organized by the TN State NSS cell. In which under the short film competition our TNDALU NSS UNIT Volunteer Rithika participated and presented her short film on the topic "POWER OF YOUTH".

Evening session:

Following the competitions that happened TN State NSS cell organized some fun activities in the evening session which consisted of TUG OF WAR, TAJ BALL, JUTE BAG RACE which helps us to interact with other University people than other sessions. Finally, a music concert conducted by Future Celebrity music band which was soul soothing and mesmerizing.



### DAY-3

26.08.2023

Morning session:

Physical activities and newspaper discussion with volunteers of other universities which enhanced both mental and physical wellness.

Forenoon session:

We witnessed cultural fancy dress competition of various student volunteers of universities around the state. Listened to the success story of Central university NSS Programme officer Dr.Gunasekaran which inspired a lot.



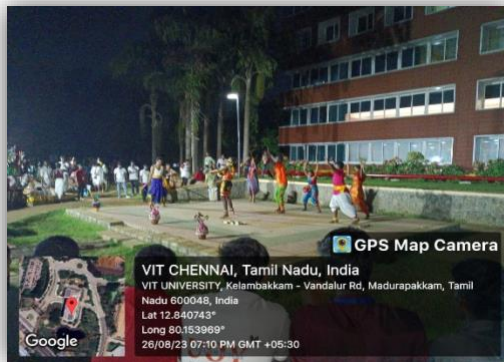
Afternoon session:

Visited Aringar Anna Zoological Park, it was very entertaining and informative to us to watch various animals in the zoo, with all the protection. There is a wide variety of animals, birds, reptiles and turtles that are kept in cages. It also keeps animals of rare species which are brought from various places around the country.



Evening session:

We watched the cultural dance performances by other university volunteers throughout the state. The event started with a Karagattam performance we wondered the balancing skills of the dancers and following to that the volunteers performed Poikaalkuthirai Aatam, Oyilaatam, Paraiaatam and so on, all those cultural dances showcased various aspects of our Tamil culture and heritage.



**DAY- 4**

**28.08.2023**

Morning session:

The day started with the same as previous days, physical activities and newspaper reading sessions. Daily discussions of news enlightened a good quality of reading among us.

Forenoon session:

The State NSS cell brought us to Mamallapuram for an educational visit. There we visited Shore Temple, Arjuna cave, Krishna Butter ball, etc., from this trip we learned and witnessed great Pallava architecture and history of many monuments in Mamallapuram. Also, we got a wonderful opportunity to interact with people from Abroad.

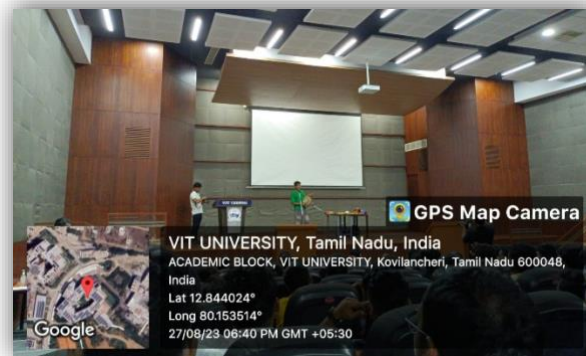


Afternoon session:

Traditional Musical Instrument competition hosted by the organizing committee which was judged by Mr. Soundmani who is known for research on Traditional Music Instruments. Volunteers from various universities participated enthusiastically in the competition and given their best. We learned about various music nodes and instruments through this competition.

Evening session:

After a short tea break, Mr. Soundmani performed with various ancient musical instruments and explained how sound effects are done in cinemas. As he travelled to many countries, he explained how music evolved there and how humans are connected with music. This session was awesome, and we learned a lot about music and traditional instruments.



## DAY-5

29.08.2023

Morning session:

As usual, the day started with physical activities and newspaper discussion. There was a feedback session where we expressed our opinions, suggestions and observations throughout this youth festival both in oral and written format.

Forenoon session:

A psychology lecture on how to overcome fear and stress was really helpful and we learned of techniques to overcome from mental stress and anxiety.



Valedictory ceremony:

The Valedictory function of this wonderful event took place on Nethaji Auditorium, VIT Chennai. The event was presided by respected Additional chief secretary of Sports development and Youth affairs ministry, Government of Tamilnadu, Mr. Athulya Misra IAS and other dignitaries. These five days youth fest had been a wonderful opportunity for us where we gained lot of exposure and knowledge. We would like to thank our Hon'ble minister of Sports development and Youth affairs of Tamilnadu Mr. Udhayanidhi Stalin who took this initiative under the guidance of our Hon'ble chief Minister Mr. M.K.Stalin. Also, we would like to extend our thanks to all the officials who worked for this great successful event.



TNDALU NSS VOLUNTEERS,  
HARIHARASUDHAN S  
RITHIKA J